

Centering Prayer Ministry exists to support our individual practice of Centering Prayer and to promote its usage by others who feel drawn to this type of prayer. The group meets in the church every Tuesday evening at 6:30 PM for Centering Prayer. We usually follow prayer with a group discussion in the Church Conference Room. The discussion topics usually revolve around issues concerning the practice of Centering Prayer or our spiritual growth in general. Centering Prayer is a method designed to facilitate the development of Contemplative Prayer which opens our awareness of God beyond thoughts, words or emotions. Centering Prayer is scripturally based (Matthew 6:6 e.g.) and inspired by the Christian contemplative heritage including Teresa of Avila, John of the Cross and Thomas Merton. For more information please contact Dan or Mimi Johnson at 877-9983 or go to the website www.centeringprayer.com