



Deacon Ray Helgeson was ordained by Bishop Francis Quinn to the permanent diaconate on June 8, 1985 for the Diocese of Sacramento and assigned to St. Thomas More Parish. He is married to his wife, Donna, of 52 years; they have five children and nine grandchildren.

In 1993 Deacon Ray and Donna moved to Steubenville Ohio where he studied theology at Franciscan University of Steubenville. After graduating with a MA in Theology he worked at Franciscan University in the Theology Department, Office of Catechetics. In 2001 Deacon Ray and Donna moved back to Sacramento where he worked in the Office of Adult Faith Formation at the Diocese of Sacramento.

In 2005 Deacon Ray was recruited by the newly established Catholic University of Sacramento to oversee the development and implementation of both graduate and undergraduate programs in Theology and Catechetics. In 2012 Deacon Ray and Donna retired and moved back to Paradise.

Deacon Ray oversees Adult Formation programs and events for the parish, as well as performing various diaconal functions and duties. Deacon Ray can be reached at 530-413-9520 or email at [DeaconRay@stmparadise.org](mailto:DeaconRay@stmparadise.org)